12853 FRONT

Flat: 7.875" x 6.3125"
Fold: 1.125" x 1.125"
Panels: 7 x 6
Style: RTA - glued

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA– hard gelatin capsules

Each hard gelatin capsule contains:

Glucosamine (as Glucosamine hydrochloride) **... 250 mg (crab and prawn exoskeleton)**

Boswellia serrata **(L.) (Boswellia) .... 20 mg (gum oleoresin 6:1 ethanolic extract, standardized to 28-30% boswellic acids providing 120 mg of dried herbal equivalent)**

Malpighia emarginata **(L.) (Acerola) ..... 3500 µg (fruit powder)**

Citrus species (fruit powder)................5900 µg mix of:

Citrus paradisi **(L.) (Grapefruit),** ***Citrus reticulata*** **(L.) (Mandarin orange) and** ***Citrus limon*** **(L.) (Lemon)**

Sugar free

D33.7 COMBINATION PRODUCT COMPLEMENTARY MEDICINE – AYUVERDA and HEALTH SUPPLEMENT

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is available without a doctor's prescription, for you to maintain good health. Nevertheless, you still need to use NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. What NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is and what it is used for
2. What you need to know before you take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA
3. How to take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA
4. Possible side-effects
5. How to store NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA
6. Contents of the pack and other information

1. What NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA – Capsules is and what it is used for

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA contains glucosamine and boswellia extract to help maintain healthy joint and cartilage.

2. What you need to know before you take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA – Capsules

Do Not Take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

- If you are hypersensitive (allergic) to any of the ingredients (these are listed in section 6.0).
- If you are sensitive or allergic to fish, shellfish and seafood.
- If you are pregnant or breastfeeding.
- If you have severe liver or kidney insufficiency.

Not suitable for children.

Warnings and precautions

Take special care with NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA.

Consult a relevant health care provider before using NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA:

Stop use if hypersensitivity/allergy occurs. Consult a relevant health care provider prior to use, if you are pregnant or breastfeeding. If you are taking prescription medicines, consult a relevant health care provider prior to use.

Duration of use: use for a minimum of 4 weeks to see beneficial effects.

If symptoms worsen, consult a relevant health care provider.

Long term use (3-month continuous use) should be under the care of a relevant health care provider.

Do not exceed daily dose without consulting a relevant health care provider.

Children and Adolescents

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is not suitable for children and adolescents under 18 years of age.

Other medicines and NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Always tell your health care provider if you are taking any other medicine including all complementary or traditional medicines.

Consult a relevant health care provider prior to use of NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA:

- If you are taking medicines for diabetes.
- If you are taking medicines for epilepsy.
- If you are taking medicines to treat tuberculosis.
- If you are taking diuretics (water tablets).
- If you are taking medicines to treat cancer (such as doxorubicin, etoposide , teniposide).
- If you are taking blood thinners such as warfarin.

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA with food and, drink and alcohol

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA may be given at any time of the day, with food.

Pregnancy, breastfeeding and fertility

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking this complementary medicine.

Safety in pregnancy and breastfeeding has not been established.

Driving and using machines

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is not expected to influence your ability to drive. However, you should not drive, use machinery or perform tasks that require concentration until you are certain that NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA does not adversely affect your ability to do so safely (See Possible Side effects).

Important information about some of the ingredients of NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA:

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA Contains maltodextrin and may have an effect on the control of your blood sugar if you have diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA.

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA contains shellfish. If you are allergic to fish, shellfish and seafood, do not take this complementary medicine.

3. How to take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Always take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.

The usual dose is: Adults two (2) tablets three times per day preferably with a liquid or as directed by your healthcare provider. Do not exceed the recommended daily dose unless directed by your doctor.

If you take more NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to take NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Do not take a double dose to make up for forgotten individual doses.

4. Possible Side Effects

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA can have side effects.

Not all side effects reported for NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA, please consult your health care provider for advice. Like all medicines, this complementary medicine can cause side effects, although not everybody gets them.

If any of the following happens, stop taking NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of your hands, feet, ankles, face, mouth or throat, which may cause difficulty in swallowing or breathing.
- rash or itching.
- fainting.
- yellowing of your skin and eyes, also called jaundice.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction. You may need urgent medical attention or hospitalisation. Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- chest pain.
- angina.
- changes in the way your heart beats, for example, if you notice it beating faster, difficulty breathing.
- signs of recurrent infections such as fever or sore throat.
- less urine than is normal for you.

These are all serious side effects. You may need urgent medical attention. Tell your doctor as soon as possible if you notice any of the following:

- nausea.
- abdominal cramps or stomach pains.
- headache.
- dizziness.
- tiredness.
- light-headedness.
- dry cough.
- muscle cramps.
- flatulence or wind.
- diarrhoea.
- loss of appetite.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of Side Effects

If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under: SAHPRA's publications: SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form",

https://www.sahpra.org.za/Publications/Index/8.

Botswana's s publications: BOMRA via Suspected Adverse Drug Reactions Reporting Form,

https://www.bomra.co.bw/index.php/suspected-adverse-drug-reactions-reporting-form

Namibia's publication: Adverse Medicine Reaction (Safety Yellow Form)

https://nmrc.gov.na/documents/81630/410067/Safety+Yellow+Form.pdf/8cbbf343-3cf8-dba3-7ec1-50b881fdab26.

May also report to Amway South Africa Pty Limited using the following email:

Regulatory_Department@Amway.com.

By reporting side effects, you can help provide more information on the safety of NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA.

5. How to store NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Store all medicines out of the sight and reach of children. Store in the original package/container. Store at or below 25°C. Keep the container tightly closed to protect from light and moisture. Do not use NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA after the expiry date stated on the label. The expiry date refers to the last day of that month.

Do not use NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA, if you notice the capsules have changed shape or colour.

Disposal of NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Return all unused medicines to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA – Capsules contains

The active substances are glucosamine (as glucosamine hydrochloride), *Boswellia serrata* (L.) (Boswellia) gum oleoresin extract and fruit powder (from acerola, grapefruit, mandarin orange and lemon).

The other ingredients are gelatin, stearic acid, maltodextrin, microcrystalline cellulose, silicon dioxide.

What NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA looks like and contents of the pack

Clear, two-piece hard gelatin capsule size #1, filled with an off-white powder.

It is available in white HD polyethylene containers with a primary tamper-evident seal and secondary re-sealable flip-top closure containing 150 capsules.

Registration Number

This product has not yet been allocated by the regulatory authority.

Name and Address of Holder of Certificate of Registration

Amway South Africa (Pty) Ltd. Unit B1, 33 Brussels road, Spartan, Isando 1619.

Date of Publication

To be allocated by the regulatory authority.

Access to the corresponding Professional Information www.Amway.co.za

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Flat: 7.875" x 6.3125"
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(back)

PASIËNTINLIGTINGSTUK

SKEDULERING STATUS S0

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA – harde gelatien kapsules

Elke harde gelatien kapsule bevat:

Glukosamien (as Glukosamien hidrochloried)... **250 mg (krap en garnale eksoskelet)**

***Boswellia serrata* (L.) (Boswellia) .... 20 mg**
(gom oliehars 6:1 etanoliese ekstrak, gestandaardiseerd tot 28-30% boswelliese sure wat 120 mg gedroogde kruie ekwivalent verskaf)

***Malpighia emarginata* (L.) (Acerola) ..... 3500 µg (vrug poeier)**

Sitrus spesies (vrug poeier) .... 5900 µg
mengsel van:
***Sitrus paradisi* (L.) (Pomelo), *Sitrus reticulata* (L) (Mandaryn lemoen) en *Sitrus limoen* (L) (Suurlemoen)**

Suikervry

D33.7 Kombinasie Produk

KOMPLEMENTÊRE MEDISYNE – AYUVERDA + GESONDHEIDSAANVULLING

Hierdie ongeregistreerde medisyne is nie geëvalueer deur SAHPRA vir die kwaliteit, veiligheid of beoogde gebruik nie.

Lees alles in hierdie pamphlet versigtig want dit bevat belangrike inligting vir jou.

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is beskikbaar sonder 'n dokter's voorskrif vir instandhouding van goeie gesondheid. Nietemin, moet jy NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA gebruik versigtig om die beste resultate daarvan te kry.

- Hou hierdie inligtingstuk. Dit mag nodig wees dat jy dit weer moet lees.
- Moet nie NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA met enige person deel nie.
- Vra jou gesondheidswerker of apteker indien jy meer inligting of advies benodig.

Wat is in hierdie pamflet:

1. Wat NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is en waarvoor dit gebruik word
2. Wat jy moet weet voordat jy NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA neem
3. Hoe om NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA te gebruik
4. Moontlike newe effekte
5. Hoe om NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA te stoor
6. Inhoud van die verpakking en ander inligting

1. What NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is en waarvoor word dit gebruik

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA bevat glukosamien en boswellia ekstrak om gesonde gewrig en kraakbeen instand te hou.

2. Wat jy moet weet voordat jy NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA neem

Moenie NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA neem

- As jy hipersensitief (allergies) vir enige van die bestanddele NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is nie (Gelys onder afdeling 6.0).
- Indien jy sensitief of allergies is vir vis, skulpvis en seekos.
- Indien jy swanger is of borsvoed .
- Indien jy lei aan erge lewer en nierversaking.

Nie geskik vir kinders nie.

Waarskuwings en voorsorgmaatreëls

Neem spesiale sorg met NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA:
Raadpleeg jou gesondheidsorgwerker voor gebruik: Stop indien hipersensitiwiteit/allergieë voorkom.
Raadpleeg u gesondheidswerker voor gebruik, indien jy swanger is of borsvoed.
Indien jy voorskrif medisyne neem, raadpleeg jou gesondheidswerker voor gebruik.
Duur van gebruik: gebruik vir 'n minimum van 4 weke vir 'n voordelige effek.
Indien simptome vererger, raadpleeg jou gesondheidswerker. Langtermyn gebruik (3-maande volgehoue gebruik) moet onder die sorg van jou gesondheidswerker geskied. Moenie die daaglikse dosis sonder om met jou gesondheidswerker te bevestig nie.

Kinders en Adolessente

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA is nie geskik vir die gebruik deur kinders en adolessente onder die ouderdom van 18 jaar nie.

Ander medisyne en NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Vertel altyd jou gesondheidverskaffer indien jy enige ander medisyne neem insluitende komplementêre en tradisionele medisyne.
Raadpleeg jou gesondheidswerker voor gebruik van NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA:

- Indien jy ander medisyne neem vir diabetes.
- Indien jy ander medisyne neem vir epilepsie.
- Indien jy ander medisyne neem vir behandeling van tuberkulose.
- Indien jy diuretikas (water tablette).
- Indien jy ander medisyne neem vir behandeling van kanker (soos doxorubisien, etoposied, teniposied).
- Indien jy ander bloedverdunners soos warfarin neem.

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA saam met voedsel, drank en alkohol

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA kan enige tyd van die dag geneem word, met 'n maaltyd.

Swangerskap, borsvoeding en vrugbaarheid

Indien jy swanger is of borsvoed, of indien jy dink jy kan swanger wees of beplan om swanger te raak, raadpleeg jou dokter, apteker of ander gesondheidswerker vir advies voor jy hierdie komplementêre medisyne neem. Veiligheid tydens swangerskap of borsvoeding is nie vasgestel nie.

Bestuur en gebruik van masjinerie

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA word nie verwag om jou bestuursvermoë te beïnvloed nie. Nietemin, moet jy nie bestuur, masjinerie gebruik of take verrig wat konsentrasie vereis totdat jy seker is dat NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA jou vermoë nadelig beïnvloed veilig nie. (SIEN MOONTLIKE NEWE EFFEKTE).

Belangrike inligting oor sekere van die bestanddele in NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA:

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA Bevat maltodekstrien en kan 'n effek hê op jou bloedsuiker vlakke indien jy diabetes mellitus het. Indien jy deur jou dokter in kennis gestel was dat jy intolerant is teenoor sekere suikers, kontak jou dokter voor jy NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA neem. NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA bevat skulpvis. Indien jy allergies is vir vis, skulpvis en seekos, moenie hierdie komplementêre medisyne neem nie.

3. Hoe om NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA te neem

Neem NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA altyd presies soos aangedui op die etiket of soos deur jou dokter of apteker aangedui. Raadpleeg jou dokter, apteker of verpleegster indien jy nie seker is nie.
Die gewone dosis is Volwassenes: Neem twee (2) kapsules drie keer per dag, verkieslik met 'n vloeistof of soos deur jou gesondheidswerker aanbeveel.
Moenie die aanbevole daaglikse dosis oorskry nie tensy deur jou dokter aanbeveel.

As jy meer NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA geneem het as wat jy moet

In geval van 'n oordosis, raadpleeg jou dokter of apteker. As daar nie een beskikbaar is nie, kontak die naaste hospital of vergiftingssentrum.

As jy vergeet het om NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA te neem

Moenie 'n dubbele dosis neem om die vergete dosis in te haal nie

4. Moontlike newe effekte

NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA kan newe effekte hê.
Nie al die newe effekte is gerapporteer van NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA en ingesluit in hierdie pamflet nie. Indien jou algemene gesondheid agteruitgaan of as jy enige onnodige effekte ondervind terwyl jy NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA gebruik, kontak asseblief jou dokter, apteker of ander gesondheidswerker vir advise. Hou onmiddellik op om hierdie medisyne te gebruik en raadpleeg u dokter as u 'n allergiese reaksie het nadat u hierdie NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA.
Indien enige van die volgende gebeur, stop dadelik om NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA te neem, en vertel jou dokter dadelik of gaan na jou naaste noodafdeling by jou naaste hospitaal:

- swelling van jou hande, voete, enkels, gesig, mond of keel, wat probleme met sluk of asemhaling kan veroorsaak.
- uitslag of jeuk.
- flouheid.
- vergeling van jou vel en oë, ook genoem geelsug.

Hierdie is alles baie ernstige newe effekte. Indien jy hulle het, kan jy 'n ernstige allergiese reaksie gehad het. Jy benodig dringend mediese aandag of hospitalisasie.
Vertel jou dokter dadelik of gaan na die naaste noodafdeling by jou naaste hospital indien jy enige van die volgende opmerk:

- borskaspyn.
- angina.
- veranderinge in die manier wat jou hart klop, soos byvoorbeeld, indien jy opmerk dit vinniger klop, moeilike asemhaling.
- tekens van herhaalde infeksies soos 'n seerkeel of koors.
- minder uriene as normaal vir jou.

Hierdie is almal ernstige newe effekte. Jy mag dringende mediese aandag benodig. Vertel jou dokter so gou as moontlik indien jy die volgende opmerk:

- naarheid.
- abdominale krampe of maagpyn.
- hoofpyn.
- duiseligheid.
- moegheid.
- lighoofdigheid.
- droë hoes.
- spierkrampe.
- winderigheid of winde.
- diarree.
- verlies van aptyt.

As u enige newe effekte opmerk wat nie in hierdie pamflet genoem word nie, moet jy asseblief jou dokter of apteker in kennis stel.

Rapportering van newe effekte

Praat met jou dokter, apteker of verpleegster as jy newe effekte ervaar.Jy kan ook newe effekte by SAHPRA aanmeld: SAHPRA publikasies: SAHPRA via die "6.04 Rapporteer vorm vir ongewenste geneesmiddelreaksies", wat aanlyn gevind kan word.
https://www.sahpra.org.za/Publications/Index/8.
Botswana publikasies:
https://www.bomra.co.bw/index.php/services/patient-safety-monitoring.
Nambia publikasies: Rapporteer vorm vir ongewenste geneesmiddelreaksies (Veiligheidsgeel vorm)
https://nmrc.gov.na/documents/81630/410067/Safety+Yellow+Form.pdf/8cbbf343-3cf8-dba3-7ec1-50b881fdab26.
Mag ook aan Amway Suid Afrika (Edms) Beperk rapporteer deur die volgende e-pos te gebruik:
Regulatory_Department@Amway.com.
Deur newe effekte te rapporteer, kan jy help om meer inligting te verskaf teenoor die veiligheid van NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA.

5. Hoe om NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA te stoor

Stoor alle medisyne buite die sig en bereik van kinders.
Stoor in die oorspronklike verpakking/houer.
Stoor teen of benede 25°C.
Hou die houer dig toe en beskerm teen lig en vog.
Moenie NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA gebruik na die vervaldatum op die etiket nie. Die vervaldatum verwys na die laaste dag van daardie maand.
Moenie NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA gebruik, indien die kapsules van kleur of vorm verander het nie.

Wegdoening van NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA

Neem alle ongebruikte medisyne terug na u apteker.
Moenie ongebruikte medisyne in dreine of rioolsisteme (bv.toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting

Wat NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA Bevat

Die aktiewe bestanddele is glukosamien(as glukosamien hidrochloried), *Boswellia serrata* (L.) (Boswellia) gom oliehars ekstrak en gedroogde vrug poeier (van acerola, pomelo, mandarin lemoen en suurlemoen)
Die ander bestanddele is gelatien, steariensuur, maltodekstrien, mikrokristallyne sellulose, silikondioksied.

Hoe NUTRILITE™ GLUCOSAMINE WITH BOSWELLIA lyk en die inhoud van die houer

Kleurlose, twee-stuk harde gelatien kapsule grootte #1, gevul met 'n effens-wit poeier.
Dit is beskikbaar in wit HD poliëtileen houer met 'n oplig peuterbestande seël en 'n wit herseelbare polipropileen oplig doppie wat 150 kapsules bevat.

Registrasie Nommer Hierdie produk is nog nie deur plaaslike owerheid geevalueer nie.

Naam en besigheidsadres van die houer van die registrasiesertifikaat

Amway Suid Afrika (Edms) Bpk, Eenheid B1, Brussels weg 33, Spartan, Isando 1619.

Datum van Publikasie Moet toegedien word deur die plaaslike owerheid.

Toegang tot die ooreenstemmende Professionele inligting www.Amway.co.za